



# PROFILE: KATHLEEN BARTON

## M.B.A.



### ABOUT KATHLEEN

Over twenty years ago Kathleen realized her life was out of balance. She spent all her time working, going to school, and studying. She didn't have time for her husband much less herself. Faced with the prospect of losing her marriage, she realized she had totally lost sight of her priorities. That was the start of her life balance journey.

In the ensuing years, Kathleen sought out alternative work arrangements to bring more balance into her life. In 1987 Kathleen found a job-share partner and sold the concept to her boss. She worked in the job-share while she completed her MBA. After her first child was born, Kathleen went back to work full-time while her husband, "Mr. Mom" as he called himself, stayed home with their daughter. After their second child was born, Kathleen went back to work part-time after taking six months maternity leave. Today Kathleen, a "reformed workaholic", has teenage kids, and runs her own business from a home office.

### BUSINESS OWNER

Kathleen Barton is a keynote speaker, workshop presenter, author, and life coach specializing in life purpose, career success, and work/life balance. She has extensive experience in human resource management and development at Hewlett-Packard Company.

### SPEAKER

For over twenty years Kathleen has presented to a variety of audiences, including professional women's associations, high technology and healthcare. Clients include eWomenNetwork, Hewlett-Packard Company, M&M/Mars, Nationwide Insurance, PricewaterhouseCoopers, Society of Women Engineers, Sutter Health, and T-Mobile, among others. Kathleen's dynamic and interactive programs will inspire your audience to live a life of purpose, balance and achievement.

### AUTHOR

Kathleen is the author of *Connecting with Success*, *Finding Your Purpose and Passion in Life*, and *The Balancing Act: Managing Work & Life* audio/workbook. Kathleen's work has been featured in a variety of publications including The Executive, Real Life Healthcare, and The Wall Street Journal Online.

### COACH

Kathleen has coached numerous professionals from major corporations. She specializes in career and life coaching. Kathleen helps her clients: clarify their purpose, values, and goals; define their career direction; attain their goals more quickly; and maintain better life balance.

To book Kathleen for your next event, contact,

## KATHLEEN BARTON

Your Life Balance Coach

*Your Career. Your Life. Your Journey.*

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